

Regulations of Marmara University Sports Sciences and Athlete Health Research and Application Center (SBSAM)

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CHAPTER ONE General Provisions

Purpose of the Center

Article 1 — The purpose of the Center covers the following topics:

- a) Conducting research on issues encountered in the field of sports sciences and athlete health in our country and providing financial and scientific resources to those who wish to conduct research,
- b) Providing consultancy for the development of sports performance of professional and amateur athletes, organizing and recommending activities for healthy living and nutrition for all age groups,
- c) Developing and implementing social and sports rehabilitation programs for special groups and people with disabilities, and providing equipment support for these purposes,
- d) Focusing on the prevention rather than the treatment of sports injuries, supporting injured athletes in their return to sports, providing health services to regional sports professionals and athletes, training those providing health services, and offering consultancy services related to the above-mentioned topics where needed.

Establishment

Article 2 — A center named "Sports Sciences and Athlete Health Research and Application Center" (SBSAM) has been established under the Rectorate of Marmara University.

Definitions

Article 3 — In this Regulation, the terms refer to:

University: Marmara University,

Rector: Rector of Marmara University,

Center: Sports Sciences and Athlete Health Research and Application Center,

Director: Director of the Research and Application Center.

CHAPTER TWO

Duties of the Center

Article 4 — To achieve the purpose specified in Article 1, the Center performs the following activities:

- Conducting research and supporting research to develop new application models,
- Preparing a scientific research environment where undergraduate and graduate students who wish to conduct research can discuss their suggestions with expert faculty members and transition to implementation, providing a scientific environment where they can continue their research and complete it, and supporting research in the fields of human performance and sports injuries and rehabilitation in undergraduate and graduate programs,
- Providing research support to undergraduate and graduate students,
- Assisting students in sports-related branches within the university to enhance their practical knowledge and skills, and contributing to and supporting undergraduate and graduate programs and research in sports sciences,
- Conducting health screenings for individuals starting sports, and directing them to appropriate sports based on age and abilities through motor tests conducted,

- Evaluating the current state of both passive and active athletes through tests and developing and recommending necessary application models tailored to age, gender, and physical capacity to improve their conditions,
- Working on the prevention of sports injuries by assessing performance under laboratory conditions, determining the relationship between sports and health in different age groups, and organizing exercise programs based on scientific findings,
- Researching specific and accelerated rehabilitation principles for sports injuries and creating models for implementing these principles,
- Providing outpatient services for sports performance measurement, sports injuries, initial sports check-ups, athlete nutrition, and sports direction for all age groups,
- Providing continuous education to professionals working in sports sciences and athlete health (coaches, conditioning trainers, masseurs, physiotherapists, doctors) to improve the quality of services in sports sciences and athlete health in the region,
- Offering consultancy services to address the problems and needs of the public and private sectors in sports sciences and athlete health, conducting research, acquiring and managing projects, and proposing solutions,
- Organizing and developing physical activity programs for each age group based on age, gender, and physical suitability for health,
- Organizing social and sports programs for special groups and people with disabilities to ensure their physical and mental health development and integration into social life as productive individuals, providing and developing material and equipment support for these programs.

CHAPTER THREE

Organs of the Center

Article 5 — The organs of the Center are the "Center Director" and the "Management Board."

Center Director

Article 6 — The Center Director is appointed by the Rector from among the university's faculty members for a term of three years. The Director can be reappointed after the term ends, or removed from office before the term ends according to the appointment procedure. If needed, one or more deputy directors may be appointed upon the Director's proposal and the Rector's approval. In the absence of the Director, the deputy designated by the Director and approved by the Rector acts as the Director. If the Director resigns or is abroad for more than six months, a new Director will be appointed to complete the term of the previous Director according to the procedure above. In the absence of the Director and deputy directors, the duties of the Director will be carried out by the most senior member of the Management Board.

Duties of the Center Director

Article 7 — The duties of the Center Director are:

- a) Representing the Center and presiding over the Management Board,
- b) Managing the administrative affairs of the Center,
- c) Collaborating with domestic and international research and application centers, public and private sector organizations to carry out projects suitable for the Center's objectives,
- d) Submitting the Center's annual activity report to the higher authority after receiving the opinion of the Management Board,
- e) Implementing the decisions of the Management Board within the framework of this Regulation,
- f) Organizing, managing, and supervising the activities of working groups established within the Center.

Management Board

Article 8 — The Management Board consists of the Center Director, the deputy directors or assistants, and six members. The six members of the Management Board are selected by the Center Director from among the university's faculty members (or, if there are no faculty members available, from among the faculty lecturers) and start their duties after the Rector's approval. The Management Board meets at the invitation of the Center Director and decisions are made by a majority of votes with more than half of the total number of members present. The Management Board meets at least once a month. The Chairman of the Management Board is the Center Director. In the Director's absence, this role is assumed by the deputy director who is acting on behalf of the Director. Management Board members serve for a term of three years. A member whose term has expired can be re-elected. If a Management Board member leaves before the term ends or is assigned abroad for more than six months, a new member will be appointed to fill the remaining term. The Management Board may establish Advisory Boards to obtain opinions on issues deemed necessary.

Duties of the Management Board

Article 9 — The Management Board performs the following duties:

- a) Determining the working order of the Center according to the Regulation and the establishment purpose,
- b) Submitting the administrative and technical staff needs of the Center to the Rectorate,
- c) Identifying and deciding on candidates for working groups to be established within the Center,
- d) Reviewing and deciding on research and project applications suitable for the establishment purpose,
- e) Determining the principles related to researcher and patent rights, income distribution, and usage of supported research and applications in accordance with relevant legislation,
- f) Deciding on financial support requests from researchers and implementers for their research and publication topics,
- g) Preparing the year-end report of the Center,
- h) Establishing and selecting members for Advisory Boards,
- i) Discussing and deciding on other matters brought forward by the Director.

CHAPTER FOUR

Miscellaneous Provisions

Article 10 — This Regulation shall enter into force on the date of its publication.

Article 11 — The provisions of this Regulation shall be executed by the Rector of Marmara University.